

RAHWAY BRANCH GYM SCHEDULE

July 14th – August 28th 2025

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Open Gym 6:00-9:00am	Open Gym 6:00-9:00am	Open Gym 6:00-9:00am	Open Gym 6:00-9:00am	Open Gym 6:00-9:00am	Open Gym 7:00-9:00am
Open Gym 11:30-2:00pm	Open Gym 11:30-2:00pm	Open Gym 11:30-2:00pm	Open Gym 11:30-2:00pm	Open Gym 11:30-2:00pm	Family Gym 9:00-12:00pm
					Open Gym 12:00-5:00pm
Open Gym 5:00-9:00pm	Open Gym 5:00-9:00pm	Open Gym 5:00-9:00pm	Open Gym 5:00-9:00pm	Open Gym 5:00-9:00pm	
					SUNDAY
Schedule is subject to change					Open Gym 8:00-12:00pm
(YMCA 360)		AY FAMILY YMO		SCAN T	Family Gym 12:00-2:00pm
	YMCA360 MG	DBILE APP			Open Gym 2:00-5:00pm



THE GATEWAY FAMILY YMCA

tgfymca.org