



FIVE POINTS BRANCH POOL SCHEDULE

September 5TH – October 29TH 2023

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Lap Swim 7:05 _A -8:40 _A (4 lanes)	Lap Swim 7:05 _A -8:40 _A (4 lanes)	Lap Swim 7:05 _A -7:55 _A (4 lanes)	Lap Swim 7:05 _A -8:40 _A (4 lanes)	Lap Swim 7:05 _A -8:40 _A (4 lanes)	Lap Swim 8:05 _A -9:00 _A (4 lanes)
Lap Swim 11:30 _A -2:00 _P (4 lanes)	Lap Swim 11:30 _A -2:00 _P (4 lanes)	Lap Swim 11:30 _A -2:00 _P (4 lanes)	Lap Swim 11:30 _A -2:00 _P (4 lanes)	Lap Swim 11:30 _A -2:00 _P (4 lanes)	Lap Swim 9:45 _A -1:00 _P (1 lane)
	Family Swim 4:00 _P -6:00 _P (2 lanes)	Lap Swim 4:00 _P -8:00 _P (1 lane)	Family Swim 4:00 _P -6:00 _P (2 lanes)	Family Swim 4:00 _P -8:00 _P (2 lanes)	Family Swim 1:00 _P -4:30 _P (2 lanes)
	Lap Swim 6:00 _P -7:40 _P (2 lanes)		Lap Swim 6:00 _P -8:00 _P (2 lanes)	Lap Swim 4:00 _P -8:00 _P (2 lanes)	Lap Swim 1:00 _P -4:30 _P (2 lanes)
Lap Swim 8:00 _P -8:30 _P (4 lanes)		Lap Swim 8:00 _P -8:30 _P (4 lanes)	Lap Swim 8:00 _P -8:30 _P (4 lanes)	Lap Swim 8:00 _P -8:30 _P (4 lanes)	
Download our M-Dock Mobile App at www.tgfymca.org/mobile-app					SUNDAY
					Lap Swim 9:05 _A -11:00 _A (2 lanes)
					Family Swim 11:00 _A -12:30 _P (2 lanes)

Lap Swim Open to active Full Privilege Members of The Gateway Family YMCA, age 12 and up. Lap Swimming is available only for members who are **swimming continuous laps in the pool**, with circle swimming available within each shared lap lane.

Family Swim: Family Swimming is an exclusive opportunity for active Full Privilege Members at The Gateway Family YMCA. An **adult member must be in the water with any children under the age of 6, or children of any age that need a swim floatation device** (within an arm's length away in the water). Swimmers ages 6-11 must have a parent/guardian on the pool deck at all times. At times of high capacity, family swim will be limited to one hour rotations in order to accommodate people waiting.

