



RAHWAY BRANCH POOL SCHEDULE

September 5TH – October 29TH 2023

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Lap Swim 6:00 ^A –8:20 ^A (6 lanes)	Lap Swim 6:00 ^A –8:20 ^A (6 lanes)	Lap Swim 6:00 ^A –8:20 ^A (6 lanes)	Lap Swim 6:00 ^A –8:20 ^A (6 lanes)	Lap Swim 6:00 ^A –8:20 ^A (6 lanes)	Lap Swim 8:00 ^A –12:20 ^P (1 lane)
Lap Swim 10:00 ^A –10:55 ^A (4 lanes)	Lap Swim 10:00 ^A –10:55 ^A (4 lanes)	Lap Swim 10:00 ^A –10:55 ^A (4 lanes)	Lap Swim 10:00 ^A –10:55 ^A (6 lanes)	Lap Swim 10:00 ^A –10:55 ^A (4 lanes)	Lap Swim 12:50 ^P –3:00 ^P (3 lanes)
Lap Swim 11:30 ^A –12:55 ^P (6 lanes)	Lap Swim 11:30 ^A –12:55 ^P (6 lanes)	Lap Swim 11:30 ^A –12:55 ^P (6 lanes)	Lap Swim 11:30 ^A –12:55 ^P (6 lanes)	Lap Swim 11:30 ^A –12:55 ^P (6 lanes)	Family Swim 12:50 ^P –3:00 ^P (3 lanes)
Lap Swim 4:00 ^P –5:00 ^P (4 lanes)	Lap Swim 4:00 ^P –6:00 ^P (3 lanes)	Lap Swim 4:00 ^P –5:00 ^P (1 lane)	Lap Swim 4:00 ^P –6:00 ^P (2 lanes)	Lap Swim 4:00 ^P –6:00 ^P (5 lanes)	
Family Swim 4:00 ^P –6:00 ^P (2 lanes)		Family Swim 4:00 ^P –6:00 ^P (2 lanes)	Family Swim 4:00 ^P –6:00 ^P (2 lanes)		
Lap Swim 5:00 ^P –6:00 ^P (2 lanes)				Lap Swim 6:00 ^P –8:30 ^P (3 lanes)	Lap Swim 8:00 ^A –11:00 ^A (4 lanes)
Lap Swim 6:00 ^P –8:30 ^P (3 lanes)	Lap Swim 6:00 ^P –8:30 ^P (1 lane)	Lap Swim 6:00 ^P –8:30 ^P (1 lane)	Lap Swim 6:00 ^P –8:30 ^P (2 lanes)	Family Swim 6:00 ^P –8:30 ^P (2 lanes)	Family Swim 11:00 ^A –1:00 ^P (2 lanes)
					Lap Swim 11:00 ^A –1:00 ^P (2 lanes)

SUNDAY

Lap Swim
8:00^A–11:00^A
(4 lanes)

Family Swim
11:00^A–1:00^P
(2 lanes)

Lap Swim
11:00^A–1:00^P
(2 lanes)

Lap Swim Open to active Full Privilege Members of The Gateway Family YMCA, age 12 and up. Lap Swimming is available only for members who are **swimming continuous laps in the pool**, with circle swimming available within each shared lap lane.

Family Swim: Family Swimming is an exclusive opportunity for active Full Privilege Members at The Gateway Family YMCA. An **adult member must be in the water with any children under the age of 6, or children of any age that need a swim flotation device** (within an arm's length away in the water). Swimmers ages 6-11 must have a parent/guardian on the pool deck at all times. At times of high capacity, family swim will be limited to one hour rotations in order to accommodate people waiting.

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