



FIVE POINTS BRANCH POOL SCHEDULE

APRIL 24TH – JUNE 18TH 2023

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|---|--|--|--|--|---|
| Lap Swim 7:15 _A -8:35 _A (4 lanes) | Lap Swim 7:15 _A -8:35 _A (4 lanes) | Lap Swim 7:15 _A -7:55 _A (4 lanes) | Lap Swim 7:15 _A -8:35 _A (4 lanes) | Lap Swim 7:15 _A -8:35 _A (4 lanes) | Lap Swim 8:00 _A -9:00 _A (4 lanes) |
| Lap Swim 11:30 _A -2:00 _P (4 lanes) | Lap Swim 11:00 _A -11:40 _A (2 lanes) | Lap Swim 11:30 _A -2:00 _P (4 lanes) | Lap Swim 11:30 _A -2:00 _P (4 lanes) | Lap Swim 11:30 _A -2:00 _P (4 lanes) | Lap Swim 9:45 _A -1:00 _P (1 lane) |
| Lap Swim 4:00 _P -7:00 _P (1 lane) | Lap Swim 11:40 _A -2:00 _P (4 lanes) | Lap Swim 4:00 _P -6:00 _P (1 lane) | Family Swim 4:00 _P -6:00 _P (2 lanes) | Family Swim 4:00 _P -6:00 _P (2 lanes) | Family Swim 12:30 _P -4:40 _P (2 lanes) |
| Lap Swim 7:00 _P -8:30 _P (2 lanes) | Family Swim 4:00 _P -6:00 _P (2 lanes) | Lap Swim 6:00 _P -8:30 _P (2 lanes) | Lap Swim 6:00 _P -8:30 _P (2 lanes) | Lap Swim 4:00 _P -6:00 _P (2 lanes) | Lap Swim 1:00 _P -4:40 _P (2 lanes) |
| <div style="border: 1px solid black; padding: 5px; text-align: center;"> Download our M-Dock Mobile App at www.tgfymca.org/mobile-app </div> | | | | | SUNDAY |
| | | | | | Lap Swim 9:00 _A -12:45 _P (1 lanes) |
| | | | | | Family Swim 9:00 _A -12:45 _P (2 lanes) |

Lap Swim Open to active Full Privilege Members of The Gateway Family YMCA, age 12 and up. Lap Swimming is available only for members who are **swimming continuous laps in the pool**, with circle swimming available within each shared lap lane.

Family Swim: Family Swimming is an exclusive opportunity for active Full Privilege Members at The Gateway Family YMCA. An **adult on membership must be present and participating with any children under the age of 6, or children of any age that need a swim floatation device/bubble** (within an arm's length away in the water). Swimmers ages 6-11 must have a parent/guardian on the pool deck at all times. At times of high capacity, family swim will be limited to one hour rotations in order to accommodate people waiting.

