



FOR YOUTH DEVELOPMENT  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

## FIVE POINTS BRANCH SPRING 1 GYM SCHEDULE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>Open Gym</b> 7am-8:45am	<b>Open Gym</b> 7am-7:45am	<b>Open Gym</b> 7am-8:45am	<b>Open Gym</b> 7am-7:45am	<b>Open Gym</b> 7am-10:15am	<b>Open Gym</b> 8am-8:45am
<b>Active Older Adults</b> 9am-10am Linda	<b>Action Against Arthritis</b> 8am-9am Linda	<b>Active Older Adults</b> 9am-10am Linda	<b>Action Against Arthritis</b> 8am-9am Linda	<b>Enhance Fitness</b> 10:15am-11:15am Linda	<b>Pee Wee Basketball</b> (Ages 5-7) 9am-9:45am
<b>Enhance Fitness</b> 10:15am-11:15am Linda	<b>Action Against Arthritis</b> 9:15am-10:15am Linda	<b>Enhance Fitness</b> 10:15am-11:15am Linda	<b>Action Against Arthritis</b> 9:15am-10:15am Linda	<b>Child Care*</b> 11:30am-12:30am	<b>Youth Basketball</b> (Ages 8-12) 10am-10:45am
<b>Child Care*</b> 11:30am-12:30pm	<b>Tai Chi</b> 10:30-11:30am Linda	<b>Child Care*</b> 11:30am-12:30pm	<b>Tai Chi</b> 10:30-11:30am Linda	<b>Pickleball*</b> 12:30pm-2:00pm	<b>Youth Soccer</b> (Ages 8-12) 11am-11:45am
<b>Open Gym</b> 12:30pm-3pm	<b>Childcare*</b> 11:30-12:30pm	<b>Open Gym</b> 12:30pm-3pm	<b>Childcare*</b> 11:30-12:30pm	<b>Open Gym</b> 2pm-3pm	<b>Pee Wee Soccer</b> (Ages 5-7) 12pm-12:45pm
<b>Child Care*</b> 3pm-4:30pm	<b>Open Gym</b> 12:30pm-2:45pm	<b>Child Care*</b> 3pm-4:30pm	<b>Open Gym</b> 12:30pm-3pm	<b>Child Care*</b> 3pm-4:30pm	<b>Gymnastics</b> 1pm-3pm
<b>Open Gym</b> 4:30pm-6:15pm	<b>Rookie Sports Program</b> 3pm-3:40pm	<b>Open Gym</b> 4:30pm-5:30pm	<b>Child Care*</b> 3pm-4:30pm	<b>Open Gym</b> 4:30pm-6:15pm	<b>SUNDAY</b>
<b>Travel Basketball Practice</b> 6:30pm-8:30pm	<b>Open Gym</b> 3:45pm-6:15pm	<b>Tae Kwon Do</b> (Ages 5+ beginner) 5:45pm-6:30pm George	<b>Open Gym</b> 4:30pm-5:15pm	<b>Travel Basketball Practice</b> 6:30pm-8:30pm	<b>Family Open Gym</b> 9am-11am
	<b>Tae Kwon Do</b> (Ages 5-12 yellow stripe+) 6:30-7:15pm George	<b>Tae Kwon Do</b> (Ages 5-12 Yellow stripe +) 6:30pm-7:15pm George	<b>Youth Basketball Classes</b> 5:30pm-7:15pm		<b>Open Gym</b> 11am-1pm
	<b>Open Gym</b> 7:15pm -8:45pm	<b>Open Gym</b> 7:15pm -8:45pm	<b>Open Gym</b> 7:15 pm-8:45pm		

Schedule is subject to change.

\*Please call the welcome center to confirm gym availability