



FOR YOUTH DEVELOPMENT
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

FIVE POINTS BRANCH SEPTEMBER GYM SCHEDULE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Open Gym 7am-8:45pm	Open Gym 7am-7:45am	Open Gym 7am-8:45am	Open Gym 7am-7:45am	Open Gym 7am-10:15am	Open Gym 8am-8:45am
Active Older Adults 9:00-10:00am Linda	Action Against Arthritis 8am-9am Linda	Active Older Adults 9:00-10:00am Linda	Action Against Arthritis 8am-9am Linda	Enhance Fitness 10:15am-11:15am Linda	Pee Wee Basketball (Ages 5-7) 9am-9:45am
Enhance Fitness 10:15am-11:15am Linda	Action Against Arthritis 9:15am-10:15am Linda	Enhance Fitness 10:15am-11:15am Linda	Action Against Arthritis 9:15am-10:15am Linda	Child Care* 11:30am-12:15am	Youth Basketball (Ages 8-12) 10am-10:45am
Child Care* 11:30am-12:15am	Tai Chi 10:30-11:30am Linda	Child Care* 11:30am-12:15am	Tai Chi 10:30-11:30am Linda	Open Gym 2:30pm-4:30pm	Youth Soccer (Ages 8-12) 11am-11:45am
Open Gym 1pm-3pm	Childcare* 11:30-12:15pm	Open Gym 1pm-3pm	Childcare* 11:30-12:15pm	Child Care* 4:30pm-6pm	Pee Wee Soccer (Ages 5-7) 12pm-12:45pm
Child Care* 3pm-4:35pm	Open Gym 1pm-3pm	Child Care* 3pm-5:30pm	Open Gym 1pm-3pm	Open Gym 6pm-8pm	Gymnastics (Ages 4-5) 1pm-2pm
Open Gym 4:45pm-8pm	Child Care* 3pm-5pm	Tae Kwon Do (Ages 5+ beginner) 5:45pm-6:30pm George	Child Care* 3pm-5pm		Gymnastics (Ages 6-12) 2pm-3pm
	Basketball Open Gym 5pm-6:15pm	Tae Kwon Do (Ages 5-12 Yellow stripe +) 6:30pm-7:15pm George	Youth Basketball Class 5pm-5:45pm		SUNDAY
	Tae Kwon Do (Ages 5-12 yellow stripe+) 6:30-7:15pm George	Open Gym 7:15pm -9pm	Youth Basketball Class 6pm-6:45pm		Family Open Gym 9am-11am
	Open Gym 7:15pm -9pm		Open Gym 6:45pm-8pm		Open Gym 11am-1pm

Schedule is subject to change.

*Please call the welcome center to confirm gym availability