

FOR ALL

FIND YOUR PASSION. FIND YOUR PURPOSE.
FIND YOUR Y.

The Gateway Family YMCA is a leading nonprofit committed to strengthening community by connecting all people to their potential, purpose and each other. We focus on empowering young people, improving health and well-being, and inspiring action in and across communities.

The Y Isn't a building. It's people from all backgrounds and walks of life who come together to improve their lives, nurture their families and strengthen our community, TOGETHER.

At the Y, you'll find countless opportunities to connect with your neighbors, give back to your community, and be your best self.

COMMUNITY SUPPORT

YMCA ANNUAL SUPPORT CAMPAIGN

The Gateway Family YMCA has been serving the community since 1900. With a commitment to nurturing the potential of kids, promoting healthy living and fostering a sense of social responsibility, the Y ensures that every individual has access to the essentials needed to reach their full potential, and live their healthiest life.

Donate today at
www.tgfymca.org/donate



THE GATEWAY FAMILY YMCA tgfymca.org

ELIZABETH BRANCH

135 Madison Avenue
Elizabeth, NJ 07201
P 908-355-9622
E Elizabethinfo@tgfymca.org

FIVE POINTS BRANCH

201 Tucker Avenue
Union, NJ 07083
P 908-688-9622
E FivePointsinfo@tgfymca.org

RAHWAY BRANCH

1564 Irving Street
Rahway, NJ 07065
P 732-388-0057
E Rahwayinfo@tgfymca.org

WELLNESS CENTER BRANCH

1000 Galloping Hill Road
Union, NJ 07083
P 908-349-9622
E Wellnessinfo@tgfymca.org

WISE CENTER BRANCH

1000 Galloping Hill Road, STE125
Union, NJ 07083
P 908-349-9622
E Wiseinfo@tgfymca.org

YOUTH DEVELOPMENT BRANCH

16-20 Jefferson Avenue
Elizabeth, NJ 07201
P 908-355-3061
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5/22/22



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

EVERYONE BELONGS AT THE Y

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TGFYMCA.ORG



YMCA COMMUNITY MEMBERSHIP

» EVERYONE BELONGS AT THE Y

Community Membership is an opportunity for everyone to participate in designated YMCA programs, special events and communications through a complimentary membership designed to provide access to all, while keeping you connected to each other and your community.

Join Online at www.tgfymca.org/join-the-Y

Community Membership is open to all individuals in the communities we serve in Eastern Union County & Northern Middlesex County.

BENEFITS INCLUDE:

- Caring & Supportive Staff
- Family Activities & Events for All Ages
- Small Group Social Opportunities
- Support for Chronic Disease Management
- Volunteer Opportunities

Community Membership includes a sample of both free and fee-based YMCA Programs & Special Events specifically cultivated for Community Members. Registration is required.

PROGRAMS AVAILABLE:

- 7th Grade Initiative & Leaders Club
- Blood Pressure Self-Monitoring & Seminars
- Diabetes Education & Management Programs*
- Community Support Groups
- Lifeguard, CPR, First Aid & Babysitter Certification*
- LiveSTRONG at the YMCA
- Programs for Individuals with Special Needs*
- Virtual WISE Community Services*
- YMCA Residential Housing Programs*

*Community Member Rate Available



SPECIAL EVENTS:

- Family Fun & Fitness Day
- Healthy Kids Day & Welcoming Week
- Senior Health & Fitness Day
- YMCA Member Socials & Open Houses

Please view our additional list at www.tgfymca.org/community-membership

A Concierge Membership Upgrade Service is available for Community Members who wish to find the correct fit for their family with a Basic, Virtual or Full YMCA Membership.

YMCA BASIC PROGRAM MEMBERSHIP

» FIND YOUR PASSION IN A Y PROGRAM

A Basic Program Membership entitles individual members to register for YMCA programs, child care and summer camp at the Basic Program Member rates and registration benefits.

YMCA VIRTUAL ONLY MEMBERSHIP

» BELONG FROM HOME, SUPPORT YOUR COMMUNITY

By belonging to the Y through a Virtual Only Membership, you are providing support to ALL in your community, while remaining connected with others virtually.

Virtual Only Membership provides individual access to a variety of free and fee-based Live Virtual Programs, with Full Member rates and registration benefits, as well as 24-Hour Access to YMCA360 & Virtual Y On Demand.

Membership For All YMCA Financial Assistance is available to those who qualify for all membership types.

YMCA FULL PRIVILEGE MEMBERSHIP

» FIND BALANCE IN SPIRIT, MIND & BODY

A Full Privilege YMCA Membership provides the most inclusive membership opportunity, for individuals & families, enabling you to be a part of something bigger while also receiving the strongest Y benefits for your and your family.

A YMCA Full Privilege Membership is required to utilize YMCA Wellness Centers, Swimming Pools, Fitness Centers, Basketball Gymnasiums and Facility Benefits on a regular basis.

FULL PRIVILEGE MEMBERSHIP INCLUDES:

- Unlimited Access to 4 Y Facility Branches & 6 Y Program Branches*
- State-of-the-Art Wellness Centers for Fitness, Strength Training, Weight Lifting & Kinesis
- 65+ Complimentary YMCA Group Exercise Programs across 4 Y Branches including favorites like Active Older Adults, Cycling, HIIT, Pilates, Yoga & Zumba.
- 24-Hour YMCA360 & Virtual Y on Demand
- Live Virtual Group Exercise & Other Programs
- Lap & Family Swimming and Water Exercise Programs across 2 Branches
- Nationwide Membership Access*
- Open Gymnasium, Basketball, Soccer & Pickleball across 3 Branches
- Priority Program Registration & Pricing
- Programs for Youth Sports, Swimming Lessons, Dance, Gymnastics, Arts, Enrichment, Child Care, Summer Camp and More!*

*In person access based on facility schedules, branch hours & Y policies.

Community Impact—All Members are Invited to Add a Community Impact Monthly Donation to Directly Support Financial Assistance and Membership For All.