

Directions

Union County College
Roy Smith Theatre
1033 Springfield Avenue
Cranford, NJ 07016
908-709-7000

From the Garden State Parkway (South): Exit 137 (Roselle Park, Cranford), turn right onto North Ave./Route 28 (Westfield Ave.). Proceed west to Springfield Ave. and turn right. The College is 3/4 of a mile on the left.

From Route 22 (East or West): Exit at Springfield Ave. and proceed east towards Westfield. Pass through four traffic lights. Just before the fifth traffic light, turn right onto Springfield Ave. (County Road 615). Proceed to the traffic light, where the College is on the right.

Parking: From Springfield Ave., turn into the campus at the light. Park in Lot #2 and please enter the Richel Student Commons through the glass doors of the large building at the back of the campus.

Adult Day Services

For caregivers attending the workshop, the Union County Department of Human Services Division on Aging and Disability Resource Connection/ADRC is offering adult day services on the morning of the conference.

Participation must be pre-arranged and confirmed by October 30.

Services will be provided at:

The Gateway Family YMCA
W.I.S.E. Adult Day Center
United Methodist Church
2095B Berwyn Street
Union, NJ 07083

908-687-2995

Alzheimer's
New Jersey®

425 Eagle Rock Avenue, Suite 203
Roseland, NJ 07068

1-888-280-6055

alznj.org®

Alzheimer's  New Jersey®
presents

Alzheimer's Disease and Other Dementias: Approaches to Care

A free conference for caregivers.



Saturday, November 2, 2019

8:30 a.m. – 1:00 p.m.

Union County College

Cranford, NJ

A caregiver workshop presented with



UNION COUNTY
DIVISION ON AGING AND DISABILITY
RESOURCE CONNECTION/ADRC

Statewide Respite Program

U **Union
County
College**
*Transforming Our Community...
One Student at a Time*

Funded by the NJ State Department of Human Services

Registration

Alzheimer's Disease and Other Dementias: Approaches to Care

Saturday, November 2, 2019

8:30 a.m. – 1:00 p.m.

Name: _____

Address: _____

City, State Zip: _____

Phone: _____

Email: _____

YES, I would be interested in using the **FREE adult day service** provided during the workshop by the Union County Department of Human Services Division on Aging and Disability Resource Connection/ADRC at the Gateway Family YMCA's W.I.S.E. Adult Day Center. **Must be arranged by October 29.**

Participant's Name (for adult day service)

While this program is free, seating is limited.

This Conference is produced for Union County residents but family caregivers of Essex and Middlesex Counties are welcome to register.

To Register:

- 1 Mail completed form to the return address
- 2 Call **1-888-280-6055** or fax **973-586-4342**
- 3 Visit our website at alznj.org[®]

For more information, call **973-586-4300**

Agenda

8:30 – 9:00 a.m.

Registration, Exhibits & Continental Breakfast

9:00 – 9:15 a.m.

Welcome and Introductions

Fran Benson, *Executive Director*
Union County Division on Aging and
Disability Resource Connection (ADRC)

Professor Toby Marx
Union County College

Kenneth C. Zaentz, CFRE, *President and CEO*
Alzheimer's New Jersey

9:15 – 10:30 a.m.

Addressing Common Behavioral and Psychological Changes in Dementia

Theresa M. Redling, DO, FACP
*Medical Director, Geriatric Health and Disease
Management Program*

Saint Barnabas Medical Center

Matthew E. Barnas, MD, DFAPA
Geriatric Psychiatrist

Pelorus Elder & Behavioral Health

10:30 – 11:00 a.m.

Break and Exhibits

11:00 a.m. – 11:30 a.m.

Services and Supports for Caregivers

Donna Farrell, *Outreach Coordinator*
Union County Division on Aging and
Disability Resource Connection/ADRC

11:30 a.m. – 1:00 p.m.

Planning Ahead: Legal & Financial Considerations

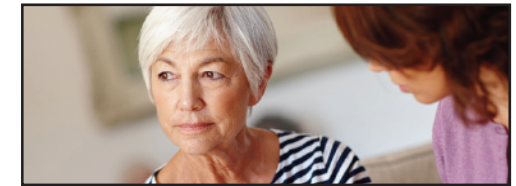
Jason Alguram, Esq.
Alguram Law Group: Estate Planning and Elder Law

Conference Overview

Alzheimer's Disease is life changing for the person with the disease and their loved ones.

When a family or friend is diagnosed with Alzheimer's or another form of dementia, there are many questions that loved ones face: How can I best prepare and adapt to the changes in mood and behavior that may occur in the person with dementia? How can I develop a financial plan to meet the care needs that will arise? What resources are available in my community that can provide support?

This free half-day conference for caregivers will help provide answers to these questions.



Attendees will:

- Learn how the person with dementia's brain is changing and the behavioral and psychological symptoms this can cause.
- Obtain information on pharmacological and non-pharmacological interventions for the treatment of behavioral symptoms.
- Learn the importance of legal and financial planning for caregivers and people with Alzheimer's disease and other dementias.
- Have the opportunity to ask questions of the presenting attorney and physicians.
- Learn about key community agencies through the many resource tables at the event and from the presenting Union County Outreach Coordinator.