



FOR YOUTH DEVELOPMENT
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

FIVE POINTS BRANCH WINTER GYM SCHEDULE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Open Gym 6am-8:45am	Open Gym 6am-7:45am	Open Gym 6am-8:45am	Open Gym 6am-7:45am	Open Gym 6am-10:15am	Open Gym 7am-8:45am
Active Older Adults 9am-10am Linda	Action Against Arthritis 8am-9am Linda	Active Older Adults 9am-10am Linda	Action Against Arthritis 8am-9am Linda	Enhance Fitness 10:15am-11:15am Linda	Youth Classes 9am-3pm
Enhance Fitness 10:15am-11:15am Linda	Action Against Arthritis 9:15am-10:15am Linda	Enhance Fitness 10:15am-11:15am Linda	Action Against Arthritis 9:15am-10:15am Linda	Child Care* 11:30am-12:30am	Open Gym 3:00pm-4:45pm
Child Care* 11:30am-12:30pm	Tai Chi 10:30-11:30am Linda	Child Care* 11:30am-12:30pm	Tai Chi 10:30-11:30am Linda	Pickleball 12:30pm-2:00pm	
Open Gym 12:30pm-3:30pm	Childcare* 11:30-12:30pm	Open Gym 12:30pm-5:30pm	Childcare* 11:30-12:30pm	Open Gym 2pm-6:30pm	
Child Care* 3:30pm-4:30pm	Open Gym 12:30pm-3:00pm	Tae Kwon Do (Ages 5+ beginner) 5:45pm-6:30pm George	Open Gym 12:30pm-3:30pm	Travel Basketball Practice 6:30pm-8pm	SUNDAY
Open Gym 4:30pm-6:30pm	Rookie Sports Class 3pm-3:40pm	Tae Kwon Do (Ages 5-12 Yellow stripe +) 6:30pm-7:15pm George	Child Care* 3:30pm-4:30pm		Open Gym 8am-9am
Travel Basketball Practice 6:30pm-8pm	Open Gym 3:45pm-6:15pm	Open Gym 7:15pm -8:45pm	Open Gym 4:30pm-5:15pm		Pickleball 9am-11am
	Tae Kwon Do 6:30-7:15pm George		Youth Basketball Classes 5:30pm-7:15pm		Open Gym 11am-4:45pm
	Open Gym 7:15pm -8:45pm		Open Gym 7:15 pm-8:45pm		

Schedule is subject to change.

*Please call the welcome center to confirm gym availability