



# RAHWAY BRANCH POOL SCHEDULE

October 28<sup>TH</sup> – November 24<sup>TH</sup> 2024

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Lap Swim 6:00 <sub>A</sub> -8:20 <sub>A</sub> (6 lanes)	Lap Swim 6:00 <sub>A</sub> -8:20 <sub>A</sub> (6 lanes)	Lap Swim 6:00 <sub>A</sub> -8:20 <sub>A</sub> (6 lanes)	Lap Swim 6:00 <sub>A</sub> -8:20 <sub>A</sub> (6 lanes)	Lap Swim 6:00 <sub>A</sub> -8:20 <sub>A</sub> (6 lanes)	Lap Swim 7:00 <sub>A</sub> -8:00 <sub>A</sub> (6 lanes)
Lap Swim 10:00 <sub>A</sub> -11:25 <sub>A</sub> (5 lanes)	Lap Swim 10:00 <sub>A</sub> -11:25 <sub>A</sub> (4 lanes)	Lap Swim 10:00 <sub>A</sub> -11:25 <sub>A</sub> (4 lanes)	Lap Swim 10:00 <sub>A</sub> -11:25 <sub>A</sub> (6 lanes)	Lap Swim 10:00 <sub>A</sub> -11:25 <sub>A</sub> (4 lanes)	Lap Swim 8:00 <sub>A</sub> -4:30 <sub>P</sub> (2 lanes)
Lap Swim 12:00 <sub>P</sub> -1:55 <sub>P</sub> (6 lanes)	Lap Swim 12:00 <sub>P</sub> -1:55 <sub>P</sub> (6 lanes)	Lap Swim 12:00 <sub>P</sub> -1:55 <sub>P</sub> (6 lanes)	Lap Swim 12:00 <sub>P</sub> -1:55 <sub>P</sub> (6 lanes)	Lap Swim 12:00 <sub>P</sub> -1:55 <sub>P</sub> (6 lanes)	Family Swim 12:30 <sub>P</sub> -4:30 <sub>P</sub> (2 lanes)
Family Swim 3:00 <sub>P</sub> -8:30 <sub>P</sub> (1 lane)			Family Swim 3:00 <sub>P</sub> -5:00 <sub>P</sub> (1 lane)	Family Swim 3:00 <sub>P</sub> -8:30 <sub>P</sub> (2 lanes)	<b>SUNDAY</b>
Lap Swim 3:00 <sub>P</sub> -5:00 <sub>P</sub> (5 lanes)	Lap Swim 3:00 <sub>P</sub> -4:00 <sub>P</sub> (6 lanes)	Lap Swim 3:00 <sub>P</sub> -4:00 <sub>P</sub> (6 lanes)	Lap Swim 3:00 <sub>P</sub> -5:00 <sub>P</sub> (3 lanes)	Lap Swim 3:00 <sub>P</sub> -8:30 <sub>P</sub> (3 lanes)	Lap Swim 8:00 <sub>A</sub> -9:00 <sub>A</sub> (5 lanes)
Lap Swim 5:00 <sub>P</sub> -8:30 <sub>P</sub> (2 lanes)	Lap Swim 4:00 <sub>P</sub> -5:00 <sub>P</sub> (4 lanes)	Lap Swim 4:00 <sub>P</sub> -5:00 <sub>P</sub> (4 lanes)	Lap Swim 5:00 <sub>P</sub> -8:30 <sub>P</sub> (2 lanes)		Lap Swim 9:00 <sub>A</sub> -2:30 <sub>P</sub> (2 lanes)
	Lap Swim 5:00 <sub>P</sub> -8:30 <sub>P</sub> (1 lane)	Lap Swim 5:00 <sub>P</sub> -8:30 <sub>P</sub> (1 lane)			Family Swim 12:45 <sub>P</sub> -2:30 <sub>P</sub> (2 lanes)

**Lap Swim** Open to active Full Members of The Gateway Family YMCA, age 12 and up. Lap Swimming is available only for members who are **swimming continuous laps in the pool**, with circle swimming available within each shared lap lane.

**Family Swim:** Family Swimming is an exclusive opportunity for active Full Members at The Gateway Family YMCA. An **adult member must be in the water with any children under the age of 6, or children of any age that need a swim flotation device** (within an arm's length away in the water). Swimmers ages 6-11 must have a parent/guardian on the pool deck at all times. At times of high capacity, family swim will be limited to one hour rotations in order to accommodate people waiting.

Schedule is subject to change. Please follow our Mobile App for updates.

**ALWAYS CONNECTED, STAYING INFORMED**



THE GATEWAY FAMILY YMCA  
YMCA360 MOBILE APP



**THE GATEWAY FAMILY YMCA**

**tgfymca.org**