



The Gateway Family YMCA- Rahway Branch

July 2021 (Begins 7/5)

FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
7:00A-8:30A Lap Swim (6 lanes)	7:00A-8:30A Lap Swim (6 lanes)	7:00A-8:30A Lap Swim (6 lanes)	7:00A-8:30A Lap Swim (6 lanes)	7:00A-8:30A Lap Swim (6 lanes)	8:00A-12:00P Swimming Lessons (6 lanes)	8:00A-12:00A Lap Swim (4 lanes)
8:30A-9:00A POOL CLOSED	8:30A-9:00A POOL CLOSED	8:30A-9:00A POOL CLOSED	8:30A-9:00A POOL CLOSED	8:30A-9:00A POOL CLOSED	12:00P-3:00P Swimming Lessons (3 lanes)	8:00A-12:00P Family Swim (2 lanes)
9:00A-9:45A Water Ex.	9:00A-10:00A Lap Swim (6 lanes)	9:00A-9:45A Water Ex.	9:00A-11:00A Lap Swim (6 lanes)	9:00A-9:45A Water Ex.	12:00P-3:00P Lap Swim (1 Lane)	
10:00A-11:00A Private Lessons (1 lane)	10:00A-11:00A Lap Swim (3 lanes)	10:00A-10:40A Swimming Lessons (2 Lanes)	11:00A-12:00P JFK Rental (4 lanes)	10:00A-10:40A Swimming Lessons (2 lanes)	12:00P-3:00P Lap Swim (2 lanes)	
10:00A-11:00A Lap Swim (5 lanes)	10:00A-11:00A Bright Star Rental (3 lanes)	10:00A-11:00A RHA Rental (4 lanes)	11:00A-12:00P Lap Swim (2 lanes)	10:00A-10:45A Lap Swim (4 lanes)		
11:00A-11:20A POOL CLOSED	11:00A-12:00P JFK Rental (4 lanes)	11:00A-11:30A POOL CLOSED	12:00P-12:30P POOL CLOSED	11:00A-12:00P JFK Rental (4 lanes)		
11:20A-12:30P Lap Swim (6 lanes)	11:00A-12:00P Lap Lane (2 lanes)	11:30A-12:30P Lap Swim (6 lanes)	12:30P-3:00P Summer Camp (4 lanes)	11:00A-12:00P Lap Swim (2 lanes)		
12:30P-3:00P Summer Camp (4 lanes)	12:00P-12:30P POOL CLOSED	12:30P-3:00P Summer Camp (4 lanes)	12:30P-3:00P Lap Swim (2 lanes)	12:00P-12:30P POOL CLOSED		
12:30P-3:00P Lap Swim (2 lanes)	12:30P-3:00P Summer Camp (4 lanes)	12:30P-3:00P Lap Swim (2 lanes)	3:00P-6:30P Lap Swim (4 lanes)	12:30P-3:00P Summer Camp (4 lanes)		
3:00P-3:30P POOL CLOSED	12:30P-3:00P Lap Swim (2 lanes)	3:00P-5:00P Swimming Lessons (1 lane)	3:00P-6:30P Family Swim (1 lane)	12:30P-3:00P Lap Swim (2 lanes)		
3:30P-5:00P Lap Swim (3 lanes)	3:00P-6:30P Lap Swim (5 lanes)	3:00P-5:00P Lap Swim (3 lanes)	3:00P-8:00P Swimming Lessons (1 lane)	3:00P-8:00P Lap Swim (2 lanes)		
3:30P-6:30P Family Swim (2 lanes)	3:00P-8:00P Swimming Lessons (1 lane)	3:00P-5:00P Family Swim (2 lanes)	6:30P-8:00P Swim Team (5 lanes)	3:00P-8:00P Family Swim (2 lanes)		
4:00P-8:00P Swimming Lessons (1 lane)	6:30P-8:00P Swim Team (5 lanes)	5:00P-8:00P Swim Team Meets		3:00P-8:00P Swimming Lessons (2 lanes)		
5:00P-6:30P Lap Swim (3 lane)						
6:30P-8:00P Swim Team (5 lanes)						

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