



# THE GATEWAY FAMILY YMCA DECEMBER 2023

## WARMEST WISHES OF HEALTH & HAPPINESS

### FOR YOU AND YOUR FAMILY THIS HOLIDAY SEASON & NEW YEAR

As we come to the conclusion of 2023, we are so very appreciative of your dedication and commitment to the communities we serve. We truly thank you for your support and assistance in strengthening community, together.

The Gateway Family YMCA has served the communities surrounding Northern Middlesex and Eastern Union County for over 123 years, providing a vital support system and creating a bright future full of unwavering possibility and support for all.

Working together with our friends and community partners, we served over 18,000 individuals and families in 2023 through innovative programs and opportunities dedicated to promoting equitable communities and fair access for all.

In 2023, over 855 individuals, families and veterans called our Y home through YMCA Residential Housing Programs - which provided shelter, support, food and assistance.

Our commitment to equity included over \$250,000 in financial assistance, ensuring that everyone has the opportunity to reach their full potential.

We are proud to share that this year over 1,800 youth learned safety around water through drowning prevention initiatives and swimming lessons. More than 600 children learned teamwork and mentorship through youth sports and the Boys and Young Men of Color (BYMOC) strategy. WISE Community Services provided unique and innovative wellness and socialization opportunities, and community chronic disease programs, family and social events built connections for all.

2023 HAS BEEN A GREAT YEAR AT THE Y.  
WE THANK YOU FOR YOUR SUPPORT.

“We are dedicated to delivering vital services and support in housing, child care, health and wellness, aquatics, specialized care for individuals with physical challenges and memory loss, and providing meals for those facing hunger. We are proud to be a resource for the community.”



James Masterson  
Chief Volunteer Officer



Melynda A. Disla  
President/CEO



855  
YMCA  
Housing



136,000  
Meals  
Served



### 2023 Community Impact

18,000  
Membership  
& Virtual  
Wellness



1,800  
Water Safety  
& Swim Lessons



3,000  
Child Care &  
Summer Camp

# Serving Our Community in 2023

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FIND YOUR PURPOSE.

SUPPORT YOUR  
COMMUNITY  
TODAY!

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THE GATEWAY FAMILY YMCA

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