



THE GATEWAY FAMILY YMCA

DECEMBER 2022



WISHING YOU

**FRIENDSHIP, JOY,
HEALTH & HAPPINESS
THIS HOLIDAY SEASON & NEW YEAR**

As we look forward to 2023, we are excited to share a new year and a new beginning, working together to serve our community through innovative opportunities and dedication to promoting equitable communities and access for all.

Since 1900, The Gateway Family YMCA has served the communities surrounding Northern Middlesex and Eastern Union County, providing a vital support system and creating a future that everyone deserves.

Looking back at our impact throughout 2022, our volunteers, staff, donors, members, foundation and community partners have worked together to achieve so much more than we ever could have imagined, and we are proud to continue to serve and support all.

Each evening, over 300 individuals, families and veterans call the Y home. Every month, thousands of members visit our Y branches or participate in virtual programs to improve their health, promote academic recovery, learn lifesaving drowning prevention skills, and make new friends.

Our commitment to youth development and mentorship continues through Child Care, Aquatics, Youth Sports, the 7th Grade Initiative, and we are happy to share that our Y was selected to implement the Boys and Young Men of Color (BYMOC) initiative.

True to our mission of serving all, we implemented an innovative Community Membership in 2022, to remove all barriers to those most in need of our equitable chronic disease and health management programs.

Our WISE Community Services expanded to provide unique wellness and socialization opportunities, as well as specialized programs and caregiver support. Our Shaping Eastern Union County and Shaping Elizabeth collaborations worked to bring equitable health opportunities and access together in our community.

**THANK YOU FOR SUPPORTING OUR COMMUNITY.
YOUR SUPPORT MAKES OUR IMPACT POSSIBLE.**

“Our goal is to meet the needs of the communities we serve, by implementing programs and services, and continuing to expand our impact and collaborative partnerships, to build equitable communities, ensuring everyone has access to grow and thrive.”



James Masterson
Chief Volunteer Officer



Melynda A. Disla
President/CEO



665
YMCA
Housing



107,000
Meals
Served

2022 Community Impact



14,000
Virtual
Wellness



1,209
Youth Swim
Lessons



1,974
Child
Care

Serving Our Community in 2022



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