



**FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY**

THE GATEWAY FAMILY YMCA

www.tgfymca.org

DECEMBER 2019

STRENGTHENING THE COMMUNITY



We want to wish you a wonderful holiday season filled with warmth and happiness!

Thank you so much for your endless support of our Y and the communities we serve. 2019 has been an amazing year for us, and we owe it all to you!

Reflecting on this past year, we can see the commitment of our partners and donors in our growth and the expanded support for our work in the communities we serve every day. In 2019, The Gateway Family YMCA added our sixth official YMCA branch, the Youth Development Branch, in Elizabeth, NJ. We also celebrated the opening of the Dudley House Veterans Transitional Housing program in Plainfield, NJ in partnership with the City of Plainfield and the County of Union.

In May, we celebrated with our donors at the Y We Care: Tricky Tray Auction Fundraiser and sold out this event in its first year. We are humbled by the generous support of our donors and community as we work to close our fundraising gap before the end of 2019. Our Annual Support Campaign provides financial assistance to ensure that everyone has access to the resources and opportunities necessary to learn, grow and thrive.

Driven by our founding mission, The Gateway Family YMCA has served as a leading nonprofit committed to strengthening the community for more than 119 years. We are dedicated to empowering young people to reach their full potential, improving individual and community well-being, and providing support and inspiring action in our communities.

Through Shaping Eastern Union County, comprised of Shaping Elizabeth, Shaping Rahway and Shaping Union, we have worked alongside community partners to bridge the gap for health equity in our communities, provided safe spaces and wellness collaborations and engaged community families in active movement. In our branches and in our communities, we have added programs to grow our commitment to community health and chronic disease self-management such as the One Step Multiple Sclerosis program, LiveSTRONG at the YMCA, Enhanced Fitness for Arthritis and Healthy Weight and Your Child. Through

our partnership with the Robert Wood Johnson University Hospital Rahway, we provided diabetes education programs to the local community.

We look forward to 2020 with projects and plans to meet the needs of our local communities. Construction is currently underway on an expansion project at our Youth Development Branch in order to serve more infant and youth participants within Elizabeth. We have plans to expand our Blood Pressure Self-Monitoring program to every community within our service area, and continue to expand our early childhood and school age childcare programs, along with our WISE Adult Social Day Services program. Our membership and community commitment grows each year as we bring people together from different backgrounds, perspectives and generations.

At the Y, we take immense pride in our work to strengthen communities and help all of us to be our best selves. We provide a place to play, to learn, to be healthy, to eat well and to give back. We provide parents with childcare and summer camp, young adults leadership opportunities and job training, seniors a way to connect and heal, and children a safe place to go and learn. We believe that everyone – no matter who they are or where they are from – deserves the opportunity to reach their full potential. Everything our Y does is in service of making sure people and communities thrive.

Thank you for your support and commitment throughout this journey in 2019 and always. We wish you a holiday season filled with family and joy, and a healthy new year!



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 *Y Homes, Inc.

Dudley House: SUPPORT AT HOME

The Dudley House Veterans Transitional Housing Program



At the heart of all we do at The Gateway Family YMCA is our strong commitment to our residential housing programs. This year, we had the opportunity to open the Dudley House Veterans Transitional Housing Program in Plainfield, NJ.

The Dudley House is designed as a residential transitional housing program with supportive wrap-around social services specifically to address the unique needs of our veterans. Our dedicated staff provide 24-hour assistance as we support residents

throughout the spectrum from homelessness to permanent, independent housing.

"The Dudley House Veterans Transitional Housing Program has impacted me in so many ways. I'm so grateful to The Gateway Family YMCA and their program which supported me through my tough times. Through the support of the staff, it has empowered me to advance in health and spirit."- JC, Veteran resident.

JC came to Dudley House after a devastating fire which left him with the need to start over. At a time in his life where he was feeling hopeless and alone, we are proud to be able to assist and support, JC and his fellow veterans.

The Gateway Family YMCA provides emergency, transitional, supportive and permanent housing to those in need within our local communities. Through our residential programs, we impact our community by providing a home to our neighbors. Each day we provide supportive services to make sure that every child and family have what they need to achieve their best.

Dennis: WARMEST WISHES

"Dennis McNany, Senior Vice President and Chief Financial Officer since May 2005, has announced his plan to retire at the end of April 2020. Dennis has been a steadfast partner to the senior leadership team and a thoughtful and kind leader for our entire organization. His financial acumen has been a critical part of the success our YMCA has had over the last 15 years. He has a gift for working with people throughout our organization and with all the many and complex business relationships we have outside our YMCA.



It is with mixed emotions that we will plan to bid a fond farewell to our dear friend and colleague after 15 years of service. As Dennis begins this next chapter in his life, we know he will continue to be a friend to our YMCA, as well as several charitable organizations that he has continued to volunteer at and lend his time and expertise to over the years. In addition, he wants to spend quality time with his family." -Krystal R. Canady, CEO

We invite you to share a memory or thoughtful well-wishes with Dennis before his departure at dmcnany@tgfymca.org

ASSOCIATION OFFICE	144 Madison Avenue, Elizabeth, NJ 07201	908.249.4800
ELIZABETH BRANCH	135 Madison Avenue, Elizabeth, NJ 07201	908.355.9622
FIVE POINTS BRANCH	201 Tucker Avenue, Union, NJ 07083	908.688.9622
WELLNESS CENTER BRANCH	1000 Galloping Hill Rd., Union, NJ 07083	908.349.9622
RAHWAY BRANCH	1564 Irving Street, Rahway, NJ 07065	732.388.0057
WISE CENTER YMCA	2095B Berwyn Street, Union, NJ 07083	908.687.2995
YOUTH DEVELOPMENT BRANCH	16-20 Jefferson Avenue, Elizabeth, NJ 07201	908.355.3061

MISSION

THE GATEWAY FAMILY YMCA is a community-based organization rooted in Christian principles and committed to building healthy lives through programs that strengthen spirits, minds and bodies for people of all ages, religions and cultures.