



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

THE GATEWAY FAMILY YMCA RAHWAY BRANCH



SUMMER CAMP 2016 PARENT HANDBOOK



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Our Mission

The Gateway Family YMCA is a community based organization rooted in Christian principles and committed to building healthy lives through programs that strengthen the spirit, mind and body for people of all ages, religions and cultures.

Program Goals

- ✓ Promote YMCA Character Values: Caring, Honesty, Respect, Responsibility.
- ✓ Develop a sense of belonging in each child.
- ✓ Provide a safe, secure atmosphere.
- ✓ Help each child grow personally.
- ✓ Encourage parent input and participation.
- ✓ Develop specific skills in children.
- ✓ Have fun!



Our Staff

Our staff is lead by a YMCA Director with a background in childcare programs. All staff must successfully complete a background check, drug test and reference checks prior to being hired. Many staff are college students and all have experience working with children. Staff must also attend extensive staff training, including a Child Abuse Prevention course. All Camp Directors and Assistant Directors are CPR and First Aid Certified. All aquatics staff are lifeguard, CPR and First Aid Certified.

A Typical Summer Camp Day (Traditional Camps)

8:30am-9:00am	Opening. Each group/camp will meet with their counselors for a brief discussion of the theme and/or core value of the day. Campers will drop off personal belongings.
9:00am-10:00am	Activity Period 1. Each small group works on various activities like arts and crafts, nature study, games, skills, CATCH, and sports Character Development.
10:00am-10:30am	Snack Time
10:30am-11:30am	All Camp Activity. The total camp engages in one activity. During this time, themed activities will be conducted.
11:30am-12:00pm	Clean-Up/ Wash-Up
12:00pm-12:30pm	Lunch
12:30pm-1:00pm	Changing for swimming and pavilion activities.
1:00pm-2:00pm	Swimming. (Swim
2:00pm-3:00pm	Changing from swimming, pavilion activities.
3:00pm-4:00pm	Activity Period 2. Each small group works on various activities like arts and crafts, nature study, games, skills, CATCH, and sports Character Development.
4:00pm-4:45pm	Activity Period 3. Each small group works on various activities like arts and crafts, nature study, games, skills, CATCH, and sports Development.
4:45pm-5:00pm	Closing. All camp comes together to review the day, and what to expect the following day. Any special dress up days will be announced.



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Healthy U/CATCH

The Horizon Foundation for New Jersey's Healthy U initiative is a program aimed at preventing childhood obesity through improved nutrition, increased physical activity and parental involvement.

Healthy U uses the award winning and evidence-based curriculum called "CATCH" (Coordinated Approach to Child Health). Our goal is to have all children participate a minimum of 30 minutes of physical activity each day. These activities will incorporate both moderate and vigorous activities which will strength both the heart and muscles of the body. Play will occur outdoors whenever possible and weather permitting.



Camp Options

Discovery Camp (Entering Grades K & 1)

This is a perfect introduction for first-time campers who are "discovering" the camp experience, building relationships and **developing social skills**. Discovery campers will engage in a **nurturing** environment that includes CATCH games, swim lessons and recreational swim, performing arts, sports, arts and crafts and much more.

Explorer Camp (Entering Grades 2 & 3)

Campers are "exploring" new camp experiences by promoting the importance of **healthy relationships** and lifestyles through various activities. Explorer Campers will participate in CATCH games, swim lessons and recreational swim, sports, arts and crafts, interactive games, performing arts, and much more.

Adventure Camp (Entering Grades 4 & 5)

Campers will experience an "adventurous" summer, while they participate in team building exercises, and **build new relationships**. Campers will engage in CATCH games, swim lessons and recreational swim, team building activities, athletic activities, arts and crafts and much more.

Pioneer Camp (Entering Grades 6-8)

Campers are developing their **leadership** skills while engaging in an exciting camp experience. Pioneer campers get to take **responsibility** for their summer by planning and designing a camp specifically for them. Throughout the summer, campers will engage in CATCH games, team building activities, swim lessons and recreational swim, arts and crafts, and much more...

Specialty Camps

Each of our specialty camps is 4 days a week and three hours long. Children can register for just specialty camp and will need to be picked up at noon or choose to stay the remainder of the day in traditional camp.



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Art Camps (Ages vary by camp)

Spend your summer morning in our sun filled, air conditioned art studio, creating beautiful works of art. Camp options are Art a' la Carte, Local Art in the Community and Simple Sweet Sewing.

Water Exploration (Ages 5 and up)

Come cool off this summer in our pool! This specialty camp will encourage your camper to become a stronger swimmer through instructed lessons and organized games. All swim abilities are welcomed since campers will be separated according to skill. The week will wrap up on Friday with races and relays! Campers can use noodles or flotation if needed.

Sports Camps

Campers will have the opportunity to spend extra time doing what they love including: Baseball, Basketball, Tennis, Lacrosse & Soccer. Designated weeks for each camp are listed on the registration page. Full day campers will return to their traditional camps at noon.

Science

Each weeklong camp is a hands-on collaborative science program incorporating chemistry and physical science. Children will see growing marshmallows, use gak and slime, and learn to understand not-so simple machines. Prior science experience is not required.

Back to Business

Get ready for a new school year by going over some skills of reading, writing, and arithmetic. A NJ state-licensed teacher will guide the campers through fun activities all while getting their minds ready to tackle a new year of challenges.

Session Dates

Week	Dates
1	June 27 th – July 1 st
2	July 4 th – July 8 th *no camp on July 4 th
3	July 11 th – July 15 th
4	July 18 th – July 22 nd
5	July 25 th – July 29 th
6	August 1 st -August 5 th
7	August 8 th – August 12 th
8	August 15 th – August 19 th
9	August 22 nd – August 26 th
10	August 29 th – September 2 nd





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Traditional Camp Hours and Fees

*Half Day specialty camps (sports, science, art & swimming) available see schedule in our camp brochure

	Entering Grades	Hours	Tuition per Week
Traditional Camps			
Discovery	K & 1	8:30am-5:00pm	\$211/221
Explorer	2 & 3	8:30am-5:00pm	\$211/221
Adventure	4 & 5	8:30am-5:00pm	\$211/221
Pioneer	6-8	8:30am-5:00pm	\$211/221
3-Day Options			
Discovery	K & 1	8:30am-5:00pm	\$156/166
Explorer	2 & 3	8:30am-5:00pm	\$156/166
Adventure	4 & 5	8:30am-5:00pm	\$156/166
Pioneer	6-8	8:30am-5:00pm	\$15/6/166
Additional Options			
Pre Camp	K-8	7:00am-8:30am	\$25
Post Camp	K-8	5:00pm-6:30pm	\$25
Pre and Post Camp	K-8	7:00-8:30am & 5:00-6:30pm	\$45
Weekly Trip	K-8	9am-4:30pm	\$15

***Week 2 is prorated due to no camp on Friday July 4th ***

Before Camp Begins

Registration

Parents must complete all registration paperwork prior to child's admission into the program. Due to state regulations, this paperwork must be submitted yearly including the medical form completed by the parent or the child's physician. Registration must be completed in person at the Welcome Center.

Membership Fee

All participants are required to be members of the YMCA. We offer a summer camp membership of \$40 which is valid throughout the 10 weeks of summer. The Annual Membership fee is \$75 per child for a Basic Program Membership. Please check with the Welcome Center regarding membership privileges and joiner's fees.



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Registration Fee

There is a onetime \$25 registration fee per family for processing if the child is new to one of our child care programs.

Deposit and Balance of Fees

A \$30 non-refundable deposit per child, per session is required with registration. The balance of the camp fee is due prior to the first day of the session your child is attending. Deposits are required in order to secure your child a space for each week of summer camp. The only way to guarantee a space in camp is if a deposit is left. Once camp enrollment has reached capacity for a specific week, unfortunately additional spots cannot be added.

Returned Check Fee

There will be a \$25 fee for all checks returned by the bank of insufficient funds. If a check is returned, all future payments will need to be made with cash or credit card.

Refund Policy

In order for the Five Points Branch to keep our fees as low as possible, we are unable to give refunds if your child does not attend camp. Refunds will only be given if the YMCA finds it necessary to cancel a camp.

While At Camp

What to Bring to Camp

- ✓ **Lunch** – Breakfast and Lunch is provided weeks 2 through 9. Your child is welcome to bring his or her own lunch, however microwave is not available. Please do not send your child with glass containers. Please label all food items and containers with first and last name.
- ✓ **Snacks** – There are two snack times throughout the day. Once in the morning and another in the afternoon. Please send your child with 2 snacks and drinks daily.
- ✓ **Clothing** – Campers should wear comfortable and weather appropriate clothing. All clothing should be labeled with the camper's name.
- ✓ **Sneakers or Closed Toe Shoes** (*For the safety of each camper, no open toe shoes are permitted except for swim time*).
- ✓ **Swimsuits and Towel:** Towels, dry clothes, and a plastic bag for wet swimsuit should be kept in a labeled tote bag or backpack. All campers must wear an appropriate bathing suit (swim trunks for boys and a one piece bathing suit for girls).
- ✓ **Sunscreen**–Please send your camper with sunscreen as we spend a lot of time outdoors.
- ✓ **Water Bottles** - Campers may want to bring a water bottle each day for extra water on hot days and for field trips.
- ✓ **Camp T-shirts**- Campers will receive one t-shirt prior to their first field trip.

What NOT to Bring

- Money
- Valuables
- Toys
- Cell Phones and other electronic devices.

Any campers who bring these objects will be asked to put them away. If they are taken out again, staff will ask the camper for the item and the Camp Director will hold until parent picks up at the end of the day. The YMCA is not responsible for items that are lost.



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Electronics Policy

Our summer camp is a place to develop friendships and enjoy camp activities; therefore we have implemented a **no electronics policy** at each of our camps. Electronic devices, including but not limited to cell phones, tablets, handheld games and e-readers are not permitted at camp. If your child brings an electronic device to camp, it will be kept in the camp office and returned at the end of the day to a parent/guardian. Should you need to reach your child during the camp day or your child needs to reach you, we have cell phones available with each camp group. In addition, you may contact our camp director at the Y during the hours of camp.

Lost and Found

At the end of each day, parents should check with their campers to ensure that they have all of their belongings. There is a lost and found area under the pavilion where any recovered items will be placed. The YMCA is not responsible for items that are left behind. All unclaimed articles will be donated at the end of the summer.

Rainy Days

Depending on the severity of the weather conditions, we will follow a typical day schedule outside. For severe heat and thunder and lightning conditions, children will engage in a variety of indoor activities.

Arrival Procedures

Check-In between at 8:30am-9:00am each morning. Please do not arrive early, as you will be required to wait until 8:30am. There are two options for drop-off:

- ✓ Valet Parking: Drive through the cones on Campbell Street and a staff member will greet you and your child, sign your child in, and escort them to the pavilion. There is no need for you to park and get out of your car.
- ✓ Parking: Park and walk your camper to their group. Their counselor will have the sign-in sheet.



Departure

Please indicate on the registration form the names of people allowed to pick up your child. Counselors will ask for identification until they know you and the other people listed by sight. If you need to have someone who is not listed to pick up your child, written, signed notice must be given. The person listed will be asked to show a photo identification upon pick up.

If a parent has been denied access to a child by court order, the center needs to be given a copy of this documentation and it will remain on file.

Release of Child

If the parent or person authorized to pick-up the child appears to be physically or emotionally impaired to the extent that the welfare of the child is in danger the following steps will be taken:

1. The child will not be released to that person;
2. Staff members will try to contact alternate persons authorized to pick-up
3. If staff is unable to make alternate arrangements, a staff member will call the Division of Youth and Family Services, 24-hour Child Abuse Hotline to seek assistance in caring for the child.



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Pre and Post Camp

The YMCA offers extended care hours: Pre Camp (7am-8:30am) and Post Camp (5pm-6:30pm). Your child must be registered for the program to be dropped off before 8:30am or picked up after 5pm.

Late Pick Up Fee

If your child is not picked up by the end of the program in which they are registered, you will be charged a late fee of \$1 per minute and these procedures will be followed:

1. Child will be supervised at all times by at least 2 staff;
2. Staff members will attempt to contact parent or persons authorized to pick-up child;
3. If after an hour no one can be contacted, the YMCA staff member will call the Division of Youth and Family Services' 24 hour Child Abuse Hotline (800) 792-8610 to seek assistance in caring for the child until someone can be contacted to pick-up the child.

Field Trips

All field trips are optional and there is an additional trip fee. **To guarantee your child's seat on the bus, you MUST register in advance because space is limited.** Once the trips is full, additional spots will not be added. **In order to register for the trip your child must be registered for that week of camp with balance paid in full.** Campers must wear their designated camp t-shirt on all field trips. All campers will receive one camp t-shirt, additional shirts are available for \$10 per shirt.

Spending Money

No additional spending money is needed. Campers will not be allowed to purchase food or souvenirs on trips. Please do not send money!



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Children’s Code of Conduct

The Gateway Family YMCA, Rahway Branch, works hard to create a positive atmosphere with emphasis on the YMCA Four Core Values of Character Development: Caring, Honesty, Respect, and Responsibility. Proper participation and conduct by each child is expected.

<p style="text-align: center;">Caring</p> <ul style="list-style-type: none"> ➤ Be considerate of each other’s feelings. ➤ Treat others as you would want to be treated. ➤ No bullying. 	<p style="text-align: center;">Honesty</p> <ul style="list-style-type: none"> ➤ Tell the truth to your parents, YMCA staff, and other children. ➤ Tell a staff member immediately if someone is making you feel uncomfortable; example: upsetting or bothering you. ➤ Ask a staff member if you need help.
<p style="text-align: center;">Respect</p> <ul style="list-style-type: none"> ➤ Listen and follow directions. ➤ Use calm and appropriate language and tone of voice. ➤ Keep your hands and feet to yourself (No hitting, kicking, or fighting). ➤ Use equipment correctly. ➤ No touching other children’s belongings. 	<p style="text-align: center;">Responsibility</p> <ul style="list-style-type: none"> ➤ Be responsible for your actions. ➤ Clean up after yourself. ➤ Tell a counselor if you feel sick. ➤ Tell a counselor if you are hurt. ➤ Do not bring toys, games, video games, trading cards or any other personal items that could get lost or damaged.

The Camp Staff will notify parents at pick up if their child does not follow the code of conduct. The Gateway Family YMCA, Rahway Branch, will use the following procedure:

1. Participant receives a verbal warning. Staff and child discuss the incident together, to ensure the child understands acceptable behavior. Staff will notify parents at pick-up in reference to the incident.
2. Participant receives another verbal warning, as well as a written, follow up letter sent home. Parents are notified at pick-up. Letters will become part of the child’s file.
3. If another incident occurs, child may be suspended for one to three days. Before or within three days of returning to the program, parents, child, staff, and Director must meet regarding the incident and a behavior plan.
4. If behavior continues, child will be suspended for up to one week.
5. Continuance of the behavior will result in termination of the program for the remainder of the school year.

Note: Any action endangering one’s self or other participants will result in immediate parent pick-up and an automatic one day suspension. For the safety of the children and staff, The Five Points Branch practices Zero Tolerance for any incident involving a weapon. Any Zero Tolerance violation will result in immediate expulsion from the program. All suspensions will be determined by the Camp Director, based on the severity of the incident.



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Parent Behavior

In the event that a situation develops where a family is considered difficult to deal with, the YMCA reserves the right to require the family to withdrawl their child (ren) immediately without notice. Examples of "difficult to deal with" include, but are not limited to:

- ✓ Arriving to a site impaired and attempting to remove their children from the program.
- ✓ Being abusive to staff members and/or other program participants.
- ✓ Failing to adhere to YMCA policies listed in this parent handbook.

Health Procedures

The State Department of Licensing requires that:

1. Each child have a medical form completed by a parent or physician yearly and submitted prior to admission (Immunization records must be included);
2. Children are not be sent to the program if they have any of the following symptoms: fever or headache, rashes or inflamed skin, nausea or vomiting, abdominal pains, diarrhea, sore throat, earache, inflammation of the eyes, enlarged glands, or persistent coughing.
3. If a child develops any of the above symptoms while in the YMCA's care, the parent will be notified to have the child picked up. Doctor's permission may be required for the child to return to the program in some cases;
4. No medicine will be administered by staff.

If your child will not be attending the program please contact the YMCA at
732-388-0057.

Licensing Information

Included on the medical form is a section entitled "*Permission for Emergency Medical Care.*" It is imperative that this area be signed so that in the event of an emergency situation we can obtain medical treatment for your child.

Our program is licensed by the New Jersey Department of Health and Senior Services. In order to maintain this licensing, there are certain standards with which our camp must comply

Violations of Standards: If you suspect our center may be in violation of licensing standards, you are entitled to report them to the Bureau of Licensing. Of course, we would appreciate you bringing these concerns to our attention too. Parents are also entitled to review the site's copy of the Inspection/Violation Report issued after the inspection of the site.

DYFS Investigation: Our center must cooperate with all DYFS inspections and/or investigations. DYFS staff may interview both staff members and children.

Anyone who has reasonable cause to believe that an enrolled child has been or is being subjected to any form of hitting, corporal punishment, abusive language, ridicule, harsh, humiliating or frightening treatment, or any other kind of child abuse, neglect or exploitation by an adult, whether working at the center or not, is required by state law to report the concern immediately to the Division of Youth and Family Services Office of Child



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Abuse Control, Toll-Free at (800) 792-85610, or to any District Office. Such reports may be made anonymously.

We are required to have certain paperwork on file for each child *prior* to their beginning the program. Please understand that no child may attend camp, under any circumstances, if this paperwork is missing. This paperwork includes: registration form, persons authorized to pick-up child, emergency information, and permission for emergency care, permission for field trips, current medical form, and record of immunizations.

License Display

A copy of our current license must be posted in a prominent location at our site. An information board will have the license, diagram of rooms and areas approved for use and emergency exits; emergency numbers, daily schedule and rules posted.

Information to be reported to the Division of Youth & Family Services

Verbally within 24 hours:

1. Injury or illness that results in the admittance to a hospital or death of a child.
2. Occurrence of a reportable disease.
3. Change in use by other occupants of a multi-use building in which center is located.
4. Permanent closing of the center.
5. Damage to premises of the center caused by fire, accident or the elements.
6. Proposed use of emergency space including use of rooms not approved by local municipal officials or the Bureau.
7. Any criminal conviction(s) or guilty plea(s) of the sponsors, director, or any staff member.

Verbally within 3 working days:

1. Any change in information previously submitted to the Bureau on the application.
2. The center must then complete an amended license application form and submit it within 30 calendar days of the change.



We hope this handbook will be a useful guide as you prepare your child for his/her best summer ever. If you have any additional questions, please contact,

Lisa Nunez, School Age Child Care and Camp Director at
732-388-0057 or lnunez@tgfymca.org

We'll see you this summer!