



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

WHERE ADVENTURE BEGINS.

SUMMER CAMP 2018
THE GATEWAY FAMILY YMCA
RAHWAY BRANCH

SUMMER CAMP INFORMATION

Dear Camp Families,

Summer Camp is a special time in a child's life. It is when memories are made. Children will learn to swim, they will make new friends that will last a lifetime and make huge messy art projects. We are ready for another exciting summer and are thrilled that your children will be spending it with us. Whether they want a different experience every day at our traditional summer day camp or prefer to focus on a specialty or sport, we have a little something for everyone. The Rahway Branch has a great summer day camp experience ready for them!

Financial Assistance:

At the Y, we believe every child deserves a camp experience. Through the ANNUAL CAMPAIGN, we raise money for camp scholarships. Please call the camp director for more information or pick up an application at the Welcome Center or on our website.

Multi-Sibling Rate

We offer a multi-sibling rate for camp and the oldest child participants. The oldest child(ren) will receive 10% off of the weekly rate. This rate applies to private pay participants.

How to Register:

1. Complete the registration form. All original registration forms must be submitted at the Welcome Center by the parent/guardian. Registration forms cannot be faxed or emailed.
2. Campers are required to be a member of the Rahway Branch, throughout the length of their camp participation. For membership applications and/or questions please contact the Welcome Center.
3. Unfortunately we are not able to process refunds.
4. Space is available for each camp and week on a first come, first serve basis. The only way to guarantee a spot is to leave a deposit of \$30 for each week your child will be attending camp. This deposit is deducted from the total balance for the week. **If a deposit is not left, space is not guaranteed.**
5. All campers must be registered by 6:00pm on Friday for the following week of camp.

Pre and Post Camp:

Extended hours are available for all age groups and camps. For this option, registration can be done on a weekly basis or for multiple weeks. Payment is due at the time of registration. Pre Camp starts at 7:00am until 8:30am and Post camp begins at 3:00pm for Buccaneers Camp and Specialty Camp. Post camp will begin at 5:00pm for our traditional campers. Pre and Post Camp is held at your child's camp site unless otherwise noted in the camp description. During Post Camp a variety of activities such as organized games and crafts are provided for the campers.

Camp Changes

A Camp Change Request Form must be filled out if you would like to change the **weeks your child will be attending** or the **number of days your child will be attending**. Forms are available at the Welcome Center Desk and must be **returned prior to the week you are requesting the change**.

Field Trips and Special Events:

For all campers attending Explorer, Adventure and Pioneer Camps there will be optional field trips offered throughout the summer on Fridays. There is a \$15 registration fee for each field trip your child attends. When registering for a field trip, your camp balance must be paid in full for the week your child attends the trip. Field trip registration is on a first come, first serve basis. There are limited spaces available for field trips, please keep this in mind when registering for camp. For campers that choose to not go on the field trip, they will stay at the Y and participate in traditional camp activities. For campers attending Buccaneer and Discovery Camp, special events will be planned on Fridays throughout the summer for no additional fee.

Our Staff

The Rahway Branch makes taking care of your child our top priority. The best way to do that is to hire the best staff. Many of our camp counselors have grown up with the Y, or are staff that work in our before-after care programs during the school year. They know the program, traditions, and values that our camps offer.

At the YMCA, we carefully select and screen caring role models who demonstrate a passion for developing confidence and good character in youth. Our camp staff attends trainings and must pass a rigorous background check and interview process before joining our team. Training includes CPR, First Aid, bullying and child abuse prevention and bus safety. We are dedicated to helping our campers learn, grow and play all within the pillars of our core values: caring, honesty, respect and responsibility.

SUMMER CAMP INFORMATION continues...

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Camper Checklist

Campers will need to bring the following items labeled with their name:

- Lunch
- Drinks
- Refillable Water Bottle
- Swim Suit
- Towel
- Snack
- Sunscreen

Our campers spend their day **outdoors**. Sunscreen should be applied before camp and brought to camp as well. Children must wear **appropriate clothing** and **footwear**. Sandals and flip flops are not permitted.

• IMMUNIZATION RECORDS AND MEDICAL FORMS

No child will be allowed to attend camp without IMMUNIZATION RECORDS and a complete and signed medical health history.

• COMMUNICATION

Important notifications will be sent out via email or a phone call

• ABSENCES

If a camper will be absent, please contact the camp director specifically prior to the beginning of camp.

• INCLEMENT WEATHER

During days with inclement and/or dangerous weather, campers will be moved inside of the building.

• CLOTHING

Everyday clothing at camp includes CAMP SHIRT, SNEAKERS as well as bathing suit and towel. Flip-flops, sandals, crocs etc. are not permitted at camp. Additional clothing (raincoats) as weather permits. Please LABEL everything.

• SUNSCREEN & BUG SPRAY

Please apply sunscreen or bug repellent BEFORE camp and remind your child to reapply the same throughout the day. The Rahway YMCA does not provide sunscreen or bug repellent nor will we apply it to your child. We will teach your child how to self-apply the products you send with them as well as remind them and allow time for this important camp safety element.

• FOOD AND BEVERAGE

While we still will be receiving lunch from Rahway Community Action Organization through JFK, it is advised that you still pack any extra food or snack for your child in an insulated lunch bag. Also, in a commitment to healthy living, we ask that you do not pack candy or soda and for the safety of all our campers, we ask you to refrain from sending nut-based products. A weekly lunch schedule will be posted outside of each camp.

• TOYS AND ELECTRONICS

Children are advised not to bring anything of monetary or sentimental value to camp. Toys, game cards, electronic devices are best left at home. We will not be responsible if such items are lost, stolen or broken.

• MEDICAL INFORMATION

Please address all health concerns with the camp director. Care will be administered at camp for all minor incidents. Should an injury require emergency medical treatments, we will notify parent/guardians.

• MEDICATION AT CAMP

Medication prescribed for campers and brought from home will only be administered if it is in the original container with a label. Parent/Guardian must sign written permission to have the medication be administered (PLEASE SEE PROGRAM DIRECTOR FOR APPROPRIATE FORMS).

• CANCELLATION POLICY

Cancellations are accepted prior to June 1. All deposits are non-refundable.

PRESCHOOL CAMPS

Buccaneers Camp

Weeks 1 through 10

5 days or 3 days

Ages 3, 4 and 5 years old not entering Kindergarten

9:00am -3:00pm

5 Days Full Member \$150, 5 Days Basic Member \$175

3 Days Full Member \$90, 3 Days Basic Member \$115

Make your child's first camp experience a positive one! Our preschool camp is for children wishing to go to camp. Summer Fun for threes, fours and fives, age-appropriate activities, designed to encourage physical and social development, along with character development. Throughout the morning children will participate in hands-on and engaging activities including instructional swim lessons, arts & crafts, sports and games, music and movement, story time, science/nature and cooking. Each week a new theme is introduced. This camp is for campers ages 3, 4 & 5 (not yet entering Kindergarten). All campers must be toilet-trained.

PreSchool Camp Schedule

| | | | |
|-------------------|--------------------------|------------------|------------------------------|
| 9:00 - 9:30am | Meet & Greet - Free Play | 12:15 - 12:50pm | Quiet Time |
| 9:30 - 11:00am | Swim Lessons/Snack | 12:50pm - 1:50pm | Outside Play/ Gym Activities |
| 11:00 - 11:45am | Arts & Crafts/Cooking/ | 1:50pm - 2:10pm | Snack |
| | Science & Nature | 2:10pm - 2:40pm | Group Activity |
| 11:45am - 12:15pm | Lunch/Free Play | 2:40pm - 3:00pm | Dismissal |



PRESCHOOL CAMPS

SCHOOL-AGE TRADITIONAL CAMP

Hello Summer! The YMCA invites your child to be a part of our exciting Summer Camp Program. Campers will be provided a welcoming environment where they will be able to express themselves, try new activities, be creative, and make lasting friendships!

Full Member: 5 days \$211 per week
Full member: 3 days \$156 per week

Program Member: 5 days \$221 per week
Program Member: 3 days \$166 per week

Summer Camp 2018:

WEEK 1: WHERE ADVENTURE BEGINS! JUNE 25-29

Welcome to the first week of camp! Get ready to jump into a week filled with fun outdoor activities, indoor swimming and exciting art projects. With this first week of camp, get acquainted with our 2018 Summer Camp Program.

WEEK 2: RED, WHITE & BLUE

July 2-6 During this Fourth of July week, campers will celebrate America's birthday by immersing themselves in all things Red, White and Blue. Campers will experience strategic games, fun historical facts, and artisan crafts. **There will be no camp on July 4th.**

WEEK 3: A CAMP OUT OF THIS WORLD

JULY 9-13 Back by popular demand, campers will let the force guide them through this week filled with outer space and Star Wars themed projects. Campers will take part in the intergalactic battle of good vs. evil, space exploration, and STEM projects.

WEEK 4: EXPLORING NATURE

JULY 16-20 Discover and appreciate nature by experiencing outdoor activities focusing on awareness, wildlife art projects, and participate in growing our garden.

WEEK 5: WINTER WONDERLAND

JULY 23-27 Celebrate the holidays early this year by spreading the joy of bringing people together and giving back to those in need. This week will focus on team building projects, holiday celebrations, community outreach, and a wacky themed party!

WEEK 6: CARTOON MANIA

JULY 30-AUGUST 3 Adventure begins with this animated week of Disney, Comic Books and Cartoons. Campers will watch their favorite characters come to life by creating comic books, designing their own characters, and becoming overnight movie critics.

WEEK 7: MYSTERY MADNESS

AUGUST 6-10 Jump into a week of spooky mysteries and the unknown by finding clues, completing riddles and solving mysteries. Campers will have the opportunity to dress up and act out a "whodunit" scenario, create their own puzzles and short story mysteries.

WEEK 8: YOU ARE A WIZARD, CAMPER

AUGUST 13-17 Channel your inner wizard with this enchanting week of camp! Campers will take part in the magic by creating their own wands, being sorted into teams, and creating charming art projects!

WEEK 9: GO FOR THE GOLD!

AUGUST 20-24 Compete in team relays, sports, and fun games and see who will take home the gold. At the end of the week, campers will even have the chance to play against their favorite counselors to prove their worth as Olympians.

WEEK 10: SUMMER REWIND

AUGUST 27-31 End your summer with a blast! Make memories by extending the summer fun with activities, themes and art projects from our prior weeks of camp. This week will include a little bit of everything from comics to science and an exciting talent show!



SUMMER SPECIALTY CAMPS

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The summer is a time to let your child do what they love, or try new things! Our specialty camps combine fun with technique to help your child become the next All-Star!

Arts Camps

Specialty camps are designed for campers entering 1st-5th grade and will be offered Monday-Friday, 9am-3pm. Extended Care hours are available for an additional fee.

Be sure to wear appropriate clothing – clothing may get messy.

All Art Campers will also need to bring a water bottle, snack, lunch, bathing suit and towel.

Week 3: Specialty Art Camp- A Camp Out of This World July 9-13

Be inspired! Campers will create multiple outer space related projects by experimenting with different mediums to make art out of this world! Each camper will have the opportunity to show off his or her projects at the end of the week art show!

Full Members: \$185

Basic Members: \$210

Week 6: Specialty Art Camp- Cartoon July 30-August 3

Be Creative! Campers will use different art mediums to explore the fun realm of cartoons! Create exciting projects such as painting characters, building clay sculptures, and designing comic books. Each camper will have the opportunity to show off his or her projects at the end of the week art show!

Full Members: \$185

Basic Members: \$210

Week 8: Specialty Art Camp- You are a Wizard, Camper. August 13-17

Let your inner artist shine! Campers will use a variety of creative techniques and mediums to create daily magical masterpieces. Each camper will have the opportunity to show off his or her projects at the end of the week art show!

Full Members: \$185

Basic Members: \$210

Swim Camps

Specialty camps are designed for campers entering 1st-5th grade and will be offered Monday-Friday, 9am-3pm. Extended Care hours are available for an additional fee.

Be sure to bring appropriate attire – bathing suit, a towel, and a change of clothes is required.

All Swim Campers will also need to bring a water bottle, snack, and a lunch.

Tentative Daily Swim Camp Schedule:

| | | | |
|----------------|----------------------------------|-----------------|-----------------------|
| 9:00- 9:15am | Greet & gather activity | 11:20am-12:15pm | Free Swim |
| 9:15- 9:45am | Water Games/ Warm Up Activity | 12:15-12:45pm | Lunch |
| 9:45- 10:30am | Swim Lesson | 12:45-1:15pm | Group Activity |
| 10:30- 10:50am | Snack | 1:15-1:55pm | Dry Land Fitness |
| 10:50-11:20am | Swim Safety Topic | 1:55-2:40pm | Free Swim/Water Games |
| | | 2:50-3:00pm | Pick up time |

Members: \$160 Non-Members: \$185

**Week 1: June 25 – June 29
STROKE BASICS** – This camp will focus on the fundamentals of swimming as well as basic water safety. Fun games are used to teach skills in an engaging manner.

**Week 4: July 16 – July 20
PIRATES!** – Campers will learn water safety skills and strokes with a pirate twist. Will your salty sailor know what to do when they have to walk the plank?

**Week 5: July 23 – July 27
BEACH PARTY** – Join us for fun games and a luau themed party. Learn how swimming in the ocean is different from the pool as well as beach themed safety skills.

**Week 7: August 6 – August 10
SPIES** – Campers will work together to accomplish aquatic secret missions. Stroke focuses will be keeping sounds/splashing to a minimum for a more efficient stroke.

**Week 9: August 20 – August 24
UNDER THE SEA** – Campers will explore the depths of the pool as we practice diving and swimming under water. Join us as we look for fish and discover friendship.



SPORTS CAMPS

Sports Camps

Specialty camps are designed for campers entering 1st-5th grade and will be offered Monday-Friday, 9am-3pm. Extended Care hours are available for an additional fee.

Be sure to wear appropriate clothing – sneakers are a must. All Sports Campers will also need to bring a water bottle, snack, lunch, bathing suit and towel.

Tentative Daily Sports Camp Schedule:

| | | | |
|-----------------|--------------------------------------|---------------|------------------------|
| 9:00- 9:15am | Greet & gather activity | 12:15-12:45pm | Lunch |
| 9:15- 9:45am | Warm-up and Stretching | 12:45-1:15pm | Group Activity |
| 9:45- 10:25am | Sports Skills & Drills | 1:15-1:55pm | Sports Skills & Drills |
| 10:25- 10:45am | Snack & More Skills & Drills | 1:55-2:40pm | Group Activity |
| 10:45-11:45am | Swim | 2:50-3:00pm | Pick up time |
| 11:45am-12:15pm | Healthy Eating and Physical Activity | | |

Members: \$160 Non-Members: \$185

Week 1: June 25 – June 29 SPORTS MIX – This camp will focus on a variety of sports, giving the camper the opportunity to find which sports he or she enjoys the most.

Week 3: July 9 – July 13 BASKETBALL – Campers work and play in the skill areas of dribbling, shooting, passing, defense and game strategy. Fun drills are used to develop skills and teamwork.

Week 4: July 16 – July 20 BASKETBALL – Campers work and play in the skill areas of dribbling, shooting, passing, defense and game strategy. Fun drills are used to develop skills and teamwork.

Week 5: July 23 – July 27 TENNIS – Campers develop greater speed and agility as well as hand eye coordination while playing this fast-paced sport. Learn forehand, backhand, how to control the ball and how to serve. Racquets are available for those that do not have their own.

Week 6: July 30 – August 3 TENNIS – Campers develop greater speed and agility as well as hand eye coordination while playing this fast-paced sport. Learn forehand, backhand, how to control the ball and how to serve. Racquets are available for those that do not have their own.

Week 7: August 6 – August 10 TENNIS – Campers develop greater speed and agility as well as hand eye coordination while playing this fast-paced sport. Learn forehand, backhand, how to control the ball and how to serve. Racquets are available for those that do not have their own.

Week 8: August 13 – August 17 SPORTS MIX – This camp will focus on a variety of sports, giving the camper the opportunity to find which sports he or she enjoys the most.

Week 9: August 20 – August 24 BASKETBALL – Campers work and play in the skill areas of dribbling, shooting, passing, defense and game strategy. Fun drills are used to develop skills and teamwork.

Week 10: August 27 – August 31 FLAG FOOTBALL – Lace up your shoes and get ready to move! Campers will work and play in the skill areas of ball handling, tossing, catching, running and strategy.



SUMMER SPECIALTY CAMPS

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Camp dates:

| | | | |
|--------|-----------|---------|-----------|
| Week 1 | 6/25-6/29 | Week 6 | 7/30-8/3 |
| Week 2 | 7/2-7/6 | Week 7 | 8/6-8/10 |
| Week 3 | 7/9-7/13 | Week 8 | 8/13-8/17 |
| Week 4 | 7/16-7/20 | Week 9 | 8/20-8/24 |
| Week 5 | 7/23-7/27 | Week 10 | 8/27-8/31 |



Specialty Camp

(Camps will be offered on Monday through Friday) See specialty camp pages for descriptions, ages and fees

| | Week 1 | Week 2 | Week 3 | Week 4 | Week 5 | Week 6 | Week 7 | Week 8 | Week 9 | Week 10 |
|--------------------|---------------|--------|--------------------------|------------|-------------|---------|--------|--------------------------|---------------|---------------|
| ART CAMP | | | A camp out of this world | | | Cartoon | | You are a Wizard, Camper | | |
| SPORTS CAMP | Sports Mix | | Basketball | Basketball | Tennis | Tennis | Tennis | Sports Mix | Basketball | Flag Football |
| SWIM CAMP | Stroke Basics | | | Pirate | Beach Party | | Spies | | Under the Sea | |





The Gateway Family YMCA
Rahway Branch
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Rahway, NJ 07065
www.tgfymca.org
732-388-0057

**Non-Profit
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Upcoming Open House Dates

Come meet the Camp Director, learn more about camp, take a tour and get all your questions answered. You can also register at anytime!

- **Wednesday, March 21** 6-8pm
- **Saturday, April 21** 12-3pm
- **Tuesday, May 15** 6-8pm



Financial Assistance

The Y is a non-profit organization committed to strengthening the foundations of community. We believe all children should have the opportunity to learn, grow and thrive. In addition, the Y partners with and accept 4Cs and Programs for Parents.