



FOR YOUTH DEVELOPMENT  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

## STUDIO SCHEDULE

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
10:00am-1:00pm Private Rental	10:15-11:15am Enhanced Fitness	7:00-8:00am Deepak Chopra Yoga	9:00-9:30am Dance Ages 2.5-3	7:00-8:00am Deepak Chopra Yoga	10:15-11:15am Enhanced Fitness	9:15-10:00am Jazz Ages 6-8
	11:15am-12:00pm Child Care	8:15am-12:00pm Child Care	9:35-10:20am Dance Ages 3-4	8:15am-10:30am Child Care	11:15am-12:00pm Child Care	10:05-11:05am Dance Ages 4-5
	3:00-4:15pm Child Care	3:30-4:15pm Pre-School Gymnastics	10:25-11:25am Dance Ages 4-5	10:30-11:30am Deron School Group Ex	3:00-5:30pm Child Care	11:15-12:00pm Dance Age 3-4
	3:30-4:15pm Pre-school Vocal Lessons	4:15am-5:00pm Child Care	11:30-12:00pm Music and Creative Movement	3:00-5:30pm Child Care		12:30-1:15pm Hip Hop Kidz Ages 6-8
	4:30-5:15pm Kids Vocal Lessons	5:00-5:30 pm Dance Ages 2.5-3	3:00-5:30pm Child Care	4:45-5:30pm Non-Performing Dance		
	5:30-6:30pm Teen Vocal Lessons	5:30-6:15pm Dance Ages 3-4	6:00-7:00pm Intermediate Gymnastics	5:30-6:15pm Ballet Ages 6-8	6:45-7:30pm Family Zumba	
	6:45-7:30pm Zumba	6:15-7:15pm Dance Ages 4-5	7:30-8:15pm Tae Kwon Do Ages 13+	6:15-7:00pm Barre Intensity Group Ex		
	7:30-8:30pm Gymnastics Advanced	7:30-8:15pm Tae Kwon Do Ages 13+		7:00-7:45pm HIIT Fit Group Ex		

**Spring 2**