



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

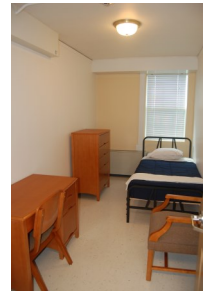
## ALWAYS HERE FOR THE COMMUNITY

### RESIDENTIAL PROGRAMS

Through our programs, we impact the community by providing a home and support to our residents in a safe environment, with opportunities to restructure their lives. Our hope is that each individual and family will put their lives on the right track through the development of new skills, with the help of social service resources.

### TRANSITIONAL HOUSING

**The Newly Renovated Men's Dormitory** is a single room occupancy (SRO) unit for males 18 years old and older. Residents have use of laundry facilities and an air-conditioned lounge with cable television. The men receive wrap around social services to assist them in stabilizing their lives to obtain permanent housing.



**Madison House** provides temporary housing for female heads of household and their children in a safe and caring environment. Through this initiative we assist families in making meaningful changes in their lives. Our nurturing staff provides the ongoing encouragement and tools needed to maintain a healthy and productive lifestyle.

**The Step-Up Transitional Housing Program** is an extension of the YMCA Madison House. The individuals or families in Step-Up receive extensive support through our continuum of care system. This program has a strong emphasis on employment and training. Our staff provides the assistance needed to transition from homelessness to self-sufficiency.



**Project Sustain** is a Mommy and Me program designed for pregnant women and women with infants/toddlers who are in recovery from addiction. Our six-month residential program provides a safe and stable environment for the women and their infant/toddler children. Project Sustain participants are provided with wraparound social services that help maintain their sobriety and stabilize their lives.

### PERMANENT HOUSING

**Sierra Gardens** is located directly across the street from the Elizabeth Branch main building. It was created to provide families and individuals with low cost, affordable housing. The staff at the Y are here day-in and day-out to provide resources needed to address the most pressing social issues: employment preparation, life skills, education, and substance abuse prevention. Our goal is to make sure every family in our community develops the necessary skills needed to remain in permanent housing.



**The Supportive Housing Program** assists disabled, homeless individuals and families in the transition from homelessness to permanent housing; providing the participants with apartments in the community and along with additional services. Our goal is to make sure every family in our community develops the necessary tools needed to maintain permanent housing.

The Y takes pride in giving back and providing on-going support to our community. The Y has been listening and responding to our communities' most critical social needs for over 160 years.

For additional information, please contact: Courtney Fairbanks, Senior Director of Housing , 908-355-9622.

*Referral Required for All Social Services*