



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

# MAKE A DIFFERENCE SAVE A LIFE

## Lifeguard Certification Course

The Gateway Family YMCA is pleased to offer American Red Cross Certification courses for Lifeguarding, CPR, First Aid, AED and Oxygen Administration. These certification courses are offered throughout the year.

American Red Cross Lifeguarding includes Lifeguarding, CPR, First Aid, AED and Oxygen Administration. A pre-test which includes a 300 yard swim will be administered on the first day of class to determine eligibility to the program and 100% attendance is mandatory. Participants must be 15 years of age to register.

### For Upcoming Dates Contact:

Charles Cook, Five Points Branch Aquatics Director

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732 388 0057 or [Jhinshelwood@tgfymca.org](mailto:Jhinshelwood@tgfymca.org)